

EXCHANGE 2017-2018





BIKE :

- The most currently means of transport
- Favorite activity
- Very large bike park
- Liberty and ecologic feeling

DUTCH LIFESTYLE AND HABITS



- Dutch school : bigger and more comfortable than France
- Life at home : Food schedules are different and earlier than France : it's destabilizing !
- Streets are clean, large and with bike way
- Dutch music : French and American RAP but not very much dutch music
- TV Programmes : TV on all day long, news channels and comics channels
- Weather : not very good !!
- Architecture : like English architecture

FAVORITE DAY

- Nicer and breathtaking by night than during the day
- Too much walk compared to the visit
- Channel visit by Boat was very interesting
- Very friendly moment at the restaurant
- Red street was very shocking



AMSTERDAM



SPORT AND HEALTHY EATING HABITS



- Red pist Climbing at 3 meters from the floor
- Fun moment together



As gluten allergic girl, I was freaked like a princess because

there is a largest choice of food without gluten more than in France.

For example, dough for pizza or wrap or burritos or bread to do sandwiches.....

At the restaurant, the waiter brought me special dishes or sauces without gluten !! It happens that was cool



Thank you for this trip !!!

